

Effective: December 2021

## Back Protection Memorandum (SX/GS/SG/DH)

## FIS Specifications for Alpine Competition Equipment – 2020/2021 Edition

## **Definition:**

The back protector is an additional item of equipment, which protects the athlete's back against weather and external forces.

## Specifications:

The back protector must adapt to the anatomical bend of the athlete's spine and lie flat against the body. The top edge of the back protector must be situated in the area of the spinal column and may not go above the 7th cervical vertebrae (C7). The maximum thickness must be in the middle part and may not exceed 45 mm; the thickness reduces at the edges of the back protector. Designs with the alter to improve aerodynamic properties are forbidden. The back protector must be worn underneath the competition suit.

Back Protectors will be a mandatory requirement and are required to be worn by all Saskatchewan Alpine athletes including U12, U14, U16, U18 and U21. This requirement is for the following disciplines:

- SX
- GS
- SG
- DH

Saskatchewan Alpine strongly recommends the use of back protectors in SL.

All registered Saskatchewan Alpine athletes are required to wear back protection during training events whether sanctioned club events in province or out of province training.

All registered Saskatchewan Alpine athletes are required to wear back protection during racing events whether sanctioned club events in province or out of province racing.

Clubs hosting events are required to publish these requirements on all race notices. Athletes not adhering to the above will be categorized Not Permitted to Start (NPS).

